

# Marion County Ag Extension Newsletter

## May 2025

### In This Newsletter:

Upcoming Events

Private Applicator Training

County Extension Council Field Day

Beef Reproduction Field Day

Easy Chicken Salad Recipe

Alpha Gal Syndrome Watch Party

### A Word from your County Agent:

Our office will be hosting a CAIP Information night May 28<sup>th</sup>. Please mark your calendars and plan to attend this event.

See the last page of this newsletter for information on the Alpha- Gal webinar our office is hosting May 29th.

Please call our office with any questions you may have. We are always here to help!

Our office is open Monday-Friday 8:00am-4:30pm.

*Chelsea Sapp*

Agriculture and Natural Resources Agent  
Marion County Extension Office  
416 Fairgrounds Road  
Lebanon, KY 40033  
Email: [chelsea.sapp@uky.edu](mailto:chelsea.sapp@uky.edu)  
Phone: 270-692-2421

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

# Upcoming Events

**May 12**

Private Pesticide Applicator  
Training

5pm-8pm

Call 270 692 2421 to RSVP

**May 13**

Sheep & Goat Meeting  
SRQA Training

6:30pm

**May 15**

Cattlemen Meeting  
Guest speaker: Darrh Bullock

7:00pm

Call 270 692 2421 to RSVP

**May 21**

Growing Your Own Vegetables & Canning  
with FCS Agent

\*Class is currently full\*

6:00pm

**May 24**

Beef Reproduction Field Day  
see following page of this newsletter

**May 28**

CAIP Information Night

6:00pm

Call 270 692 2421 to RSVP

**May 29**

Alpha Gal Syndrome Webinar Event  
see last page for information

**August 23**

CEC Field Day

9am-12pm

Loretto Motherhouse Farm



Marion County Cooperative Extension



Tune in Wednesday mornings at 8:30am on  
100.9 WLSK Radio Station to hear live  
updates and tips from our office!

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# PRIVATE PESTICIDE APPLICATOR TRAINING

**Monday, May 12<sup>th</sup>**

**5pm-8pm**

**call 270-692-2421 to register**

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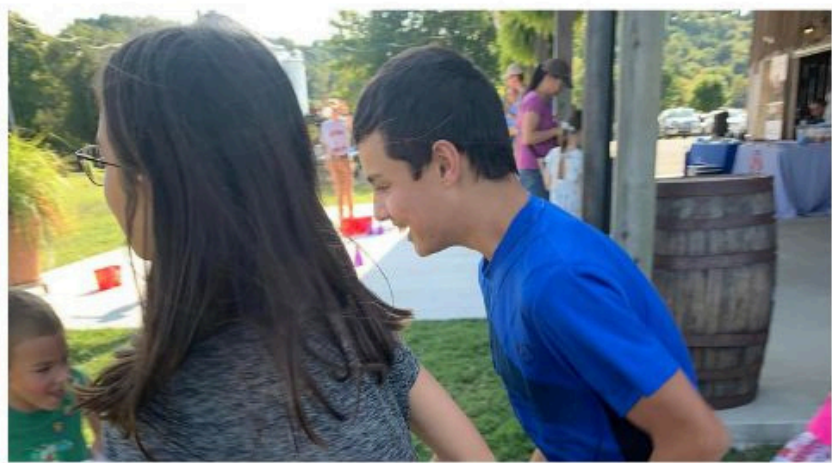
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# FAMILY FARM FIELD DAY



**UK** Cooperative  
Extension Service

AUGUST 23  
9 AM - 12 NOON



Our office has soil probes available to check out. Be sure to gather enough soil for an adequate sample. Make sure the soil is dry. Our office sends soil Monday through Wednesday to the lab for testing. Typically, this time of year results can take up to two weeks to return.

**How much does a soil test cost?**

\$7.42 each

**How often should I test?**

It is recommended to test fields every three to four years.



# Beef Reproduction Field Day

Hosted by: Marion, Washington, & Nelson County

Loretto Motherhouse Farm | 515 Nerinx Rd, Nerinx, KY

Saturday, May 24th, 2025  
9 am-12 pm

Registration is FREE but required!

## Topics Include:

- Pregnancy Checking
  - Blood Test, Ultrasound, and Palpation
- Synchronization for AI

Scan QR code or contact  
Taylor Graves by email at  
[taylor.graves@uky.edu](mailto:taylor.graves@uky.edu) or call  
(859)336-7741.

SCAN ME



Locally sourced lunch provided!

 **Martin-Gatton**  
College of Agriculture,  
Food and Environment



 **Loretto Motherhouse Farm**  






# Easy Chicken Salad

Servings: 8    Serving Size: 1/2 cup



## Ingredients:

- 12-ounces leftover or canned chicken (about 2¼ cups)
- ½ cup low-fat mayonnaise or salad dressing
- ½ cup seedless red grapes, quartered
- ½ cup chopped celery
- ½ cup chopped pecans (optional)
- Crackers or bread for serving

## Directions:

1. Dice leftover chicken into ½-inch cubes, or drain and flake canned chicken.
2. Mix other ingredients, except crackers or bread, with chicken.
3. Serve with crackers or bread.

Source: LEAP...for Health: Adapted from: Velma Mullins, Laurel County Nutrition Education Program Assistant, University of Kentucky Cooperative Extension Service.

NUTRITION FACTS PER SERVING: 170 calories; 12g fat; 2g saturated fat; 0g trans fat; 40mg cholesterol; 220mg sodium; 4g carbohydrate; 1g fiber; 2g sugar; 0g added sugars; 13g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 4% Daily Value of potassium.



## Unlucky Kentucky?

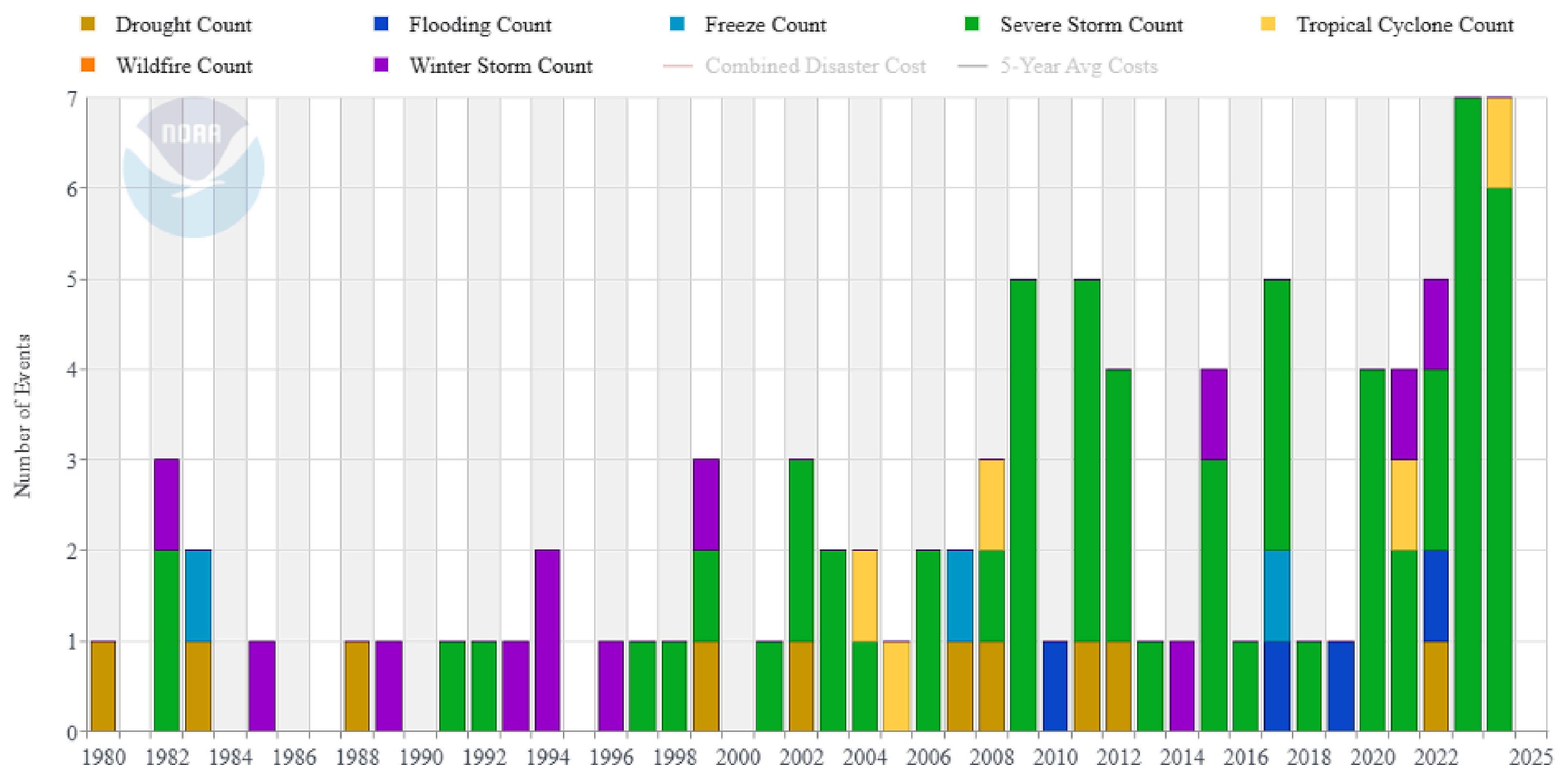
By Jane Marie Wix – National Weather Service Jackson, KY

This article was originally supposed to be centered around flash flooding safety - but I think the state has seen its fair share of both flash and river flooding over these past few months. Does it ever feel like Kentucky needs a break from all this crazy and impactful weather!? It seems like if one side of the state isn't being impacted, the other side is. Just since February, Kentucky has seen a major flash flood event, an impactful snow storm, another historic river flooding event, and a tornado/severe thunderstorm outbreak. I'm likely missing some smaller events that occurred in between as well.

If you're thinking that the amount of impactful weather events has gone up - you aren't wrong! In fact, a recent Acuweather article renamed us as "Unlucky Kentucky". Between tornadoes, flash flooding, river flooding, winter storms, ice storms, and high wind events - we've seen just about every weather type over the last few years. We even had widespread damage on the eastern side of the state due to the remnants of a hurricane (Irene) last fall!

In just the last two years, the state has been part of 14 separate billion-dollar disasters, according to NOAA (<https://www.ncei.noaa.gov/access/billions/mapping>) with 2023 and 2024 tying for the highest number on record since tracking began in 1980. That's not taking into account any of the historic flooding and severe weather that has taken place so far in April, which impacted large portions of this state and neighboring states.

**Kentucky Billion-Dollar Disaster Events 1980-2025 (CPI-Adjusted)**



Updated: April 8, 2025



A study published in the journal “npj Climate and Atmospheric Science” in 2018 showed that the ingredients required for producing long-lived tornadoes were flourishing more in the Mississippi River Valley in the last 20 years, compared to parts of the original “Tornado Alley”. In other words, “Tornado Alley” once located through the Great Plains is shifting south and east, and it now includes parts of western Kentucky.

On the east side of the state, residents are well aware that so long as heavy rains occur in the hills of eastern Kentucky, so too will the flash flood threat. And while it is harder to get tornadoes in the mountains, recent history shows us that even the mountains can’t protect us when Mother Nature decides to intervene. The heavily forested areas of this area of the state can also be prone to forest fires when dry periods and droughts occur, especially when coupled with high winds.

One of the main reasons we started creating these articles is to help people in communities across Kentucky become more weather aware and weather prepared in the face of these events. Unfortunately, there is no guarantee that these large-scale/high-impact events will be letting up any time soon. While we all agree we need a break after these last few years, ultimately the weather is out of anyone’s control. So the best thing we can do is try to become more resilient in the face of these disasters.

## Considerations for All Cattle

- Begin horn fly control once 200 flies are observed on one side of the animals.
- Monitor cattle for ticks and apply insecticide as needed



### Preventing/Controlling Pink Eye

- Clip tall, mature grass
- Reduce flies with adequate fly control
- Treat problems quickly
- Consider vaccination

May tips from UK Beef IRM Calendar

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# LIVING WITH ALPHA- GAL SYNDROME WATCH PARTY WEBINAR EVENT

## MAY 29TH

## 6:30pm-8:30pm

**Marion County Extension Office**

Learn about AGS ( red meat allergy) and how to reduce your risk  
with University of Kentucky Cooperative Extension.

### Topics Covered:

- ✓ AGS Basics
- ✓ Tick bite prevention
- ✓ Diet & llifestyle management
- ✓ Q/A Session

Tick removal supplies  
avaliabile while  
supplies last

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